



*Jens Mügge - Soundmeditations Vol. 2*

## »Sound Meditations Vol. 2«

The music of these »Sound Meditations Vol. 2« is recorded on 26th October 2012 at Ökowerk Berlin Grunewald. Like the first music album »Sound Meditations« the recordings took place in the drained water storage of the Ökowerk, now in the first room of the water reservoir. »Sound Meditations Vol. 2« is completely a self-production. Source of inspiration for this music is the unique sound space of the water reservoir – the instruments are my voice with overtone singing, two shrutiboxes, one from South India and the second from England, tuned in B-flat; a fujara, a kalimba and sansula and finally two jew's harps, a khomus from Yakutia and a marranzano from Sicily. The recordings were taken live. They are all musical improvisations, recorded just in the moment of playing.

Finally, I thank Claudia Dose – [www.claudiodose.com](http://www.claudiodose.com) – for using one of her artworks once again. Her work »Burned Angel« is just on the same wave like I feel a deep resonance that I became the permission to use it for the booklet and label of this music album. I wish you joy, peace and time of contemplation with the recordings of »Sound Meditations Vol. 2«

## » *Sound Meditations Vol. 2* «

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|-----|--|------|
| 1.  | Intro                                      | 6:50 |
| 2.  | Follow me, my Fellow I.                    | 2:22 |
| 3.  | My heart is restless until it rests in You | 4:33 |
| 4.  | Thinking of You                            | 4:17 |
| 5.  | Intermezzo                                 | 2:28 |
| 6.  | Listen, O God, my Prayer                   | 7:31 |
| 7.  | From the Deepness of my Heart              | 4:12 |
| 8.  | Sanctuary                                  | 4:52 |
| 9.  | Follow me, my Fellow II.                   | 4:19 |
| 10. | The Paradise is Everywhere                 | 3:44 |
| 11. | Conclusion                                 | 4:50 |
| 12. | Circle of Life                             | 4:26 |

Music and Recordings - all tracks and instruments  
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Label, cover artwork with friendly permission  
by Claudia Dose [www.claudiodose.com](http://www.claudiodose.com)

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